

FORMAT



1.Name: Name- Smt. Lekha Das

2.Qualification:

- M.A in Psychology (1993- 1995)- Gold Medalist from Centre of Advanced Study in Psychology, Utkal University
- UGC-NET-Qualified
- Ph.D- Pursuing in Centre of Advanced Study in Psychology, Utkal University
- M.Mus in Odissi Vocal from Pracheen Kala Kendra, Chandigarh.

3.Designation: Assistant Professor in Psychology

4.Email Id: daslekha2010@gmail.com

5.Area of interest: Organizational Behaviour, Counselling Psychology, Human Development

6. Area of research: Organizational Behaviour, Positive Psychology

7.Teaching Area:

- UG-Introductory Psychology, Basic Developmental Processes, Basic Psychological Processes, Processes of Human Empowerment, Statistics, Social Psychology, Environmental Psychology, Psychopathology, Educational Psychology, Psychological Assessment, Organizational Behaviour, Health Psychology, Counselling Psychology, Positive Psychology, Psychological Research and Measurement, Psychology and Social issues, Psychology of the Disability
- PG-

8.Total No. of Teaching Experience (Yrs):

- UG: 24 Years
- PG:

9. Publication Profile

a) Research Articles Published:

b) Books Chapters Published:

c) Books Published:

- Articles Published in Newspapers/Magazines: An article published in Annual College Magazine of B.J.B Autonomous College titled “Selfie Craze in India” in 2017-18.
- Article published in Annual College Magazine “Mental Health of Youth in India” in 2019-20.

d)

10. Paper presented in Conferences/Seminars

- Presented a paper titled “*Work-life Balance among College Teachers-A Gender Based Comparison*” and co-chaired the session in the International Seminar cum Workshop on “PEOPLE,CULTURE AND LIVING HERITAGE” organised by B.J.B Autonomous College on 6th,7th,and 8th August,2023.
- Presented a paper titled “*Decline in Female Labour Force Participation Rate Post Pandemic: A Psycho-social Perspective*” in the International Conference on “Contemporary Economy in Post Covid Era” on 17th and 18th February,2023 organized by B,J,B Autonomous College, Bhubaneswar.
- Participated in the National Webinar on “Individual and Organizational Strategies to deal with Stress Issues during Corona Phase” held on 26.05.2020 by Department of Applied Psychology, IGNTU, Amarkantak (MP) in collaboration with Society of Industrial and Organizational Psychology, Varanasi and presented a paper on “*A Qualitative Study on Stress among Bank Employees During COVID 19 Lockdown in India*”.
- Participated in the International Conference on Psychology: The Path Ahead in Education, Health and Sports organized by P.G Department of Psychology, Shailabala Women’s Autonomous College, Cuttack on 31.01.2020 and 01.02.2020 and delivered an academic presentation on “*Growing Importance on Coaching Institutes in India: Issues and Concerns*”.

- Delivered two talks on “*Understanding and Managing Adolescent problems and issues: A holistic approach*” and “*Alternative Approach to Reduce Suicidal Cases in Navodaya Residential System*” on 07.01.2-19 as Resource Person at Navodaya Leadership Institute, Konark, Puri , Odisha.
- Participated in 42nd Indian Social Science Congress organized by Kalinga Institutes of Industrial Technology, Bhubaneswar and Indian Social Science Academy, Allahabad held during 27.12.2018-31.12.2018 and presented a paper on “*Rights Based Counselling and Internet Addiction : A Case Study*”.
- Participated in the XXVIII Annual Convention of National Academy of Psychology (NAOP,2018) held on 19.12.2018-21.12.2018 and presented a paper titled “*Vulnerability of Adolescents to online Gaming Addiction: A Psychological Explanation*”.
- Participated in the 22nd International Conference of Indian Academy of Applied Psychology (IAAP,2018), Pondicherry University during 16.03.2018-18.03.2018 on the theme “Psychology for Development and Wellness: Academic and Professional Partnership” and presented a paper titled” *Geriatric Mental Health and Wellbeing in India : Issues and Challenges*”.

11. Invited Lectures/Special Lectures/Resource persons or presentation at Conferences/Workshops

- Invited as **Guest** by Odisha State AIDS Control Society (OSACS) to deliver a talk on the prevention of HIV/AIDS during the Red Run Marathon held on 22.08.2023.
- Invited as **Subject Expert** by OSEPA(Odisha School Education Programme Authority) to review the Career Guide Material prepared for scholl student of class VIII to XI on 20th and 21st July,2023.
- Invited by Regional Directorate, DAV Institutions, Odisha as “**Expert of the Selection Committee**” to conduct the interview for the selection of pre-primary teachers in D.A.V Schools of Odisha on 6th June, 2023.
- Invited by Regional Directorate, DAV Institutions of Odisha, as “**Expert of the Selection Committee**” to conduct the interview for selection of PGT(Psychology).
- Invited as **Guest of Honour** to the Youth Red Cross District Level Study cum Training Camp held at Srusty Academy of Management on 31st January to 2nd February,2023
- Invited as Chief Guest to deliver a talk on “Evolution of Youth Red Cross” by Kalinga Institute of Commerce, Bhubaneswar on 12th December,2022.
- Invited as a **Guest** to speak on Youth Development on the occasion of International Youth Day organised by OSACS on 12th August, 2022.

- Invited as Resource Person to Navodaya Leadership Institute, Konark, Puri to deliver talks on the prevention of suicide among students on 7th January,2019.

12 . Awards and Distinctions

- Topper in MA
- Topper in BA
- University Gold Medallist for securing highest mark in Psychology
- Qualified the UGC-NET
- P.G Merit Scholarship
- Senior Merit Scholarship.
- Sangeet Visharad for completing B.Music in Odissi Vocal
- Sangeet Bhushan for completing M.Mus in Odissi Vocal
- Odisha Sangeet Natak Academy Scholarship in Odissi Vocal
- Youth Red Cross Convenor Secretary of Regional Branch, Bhubaneswar since 2022-23
- Felicitated for voluntary services in Youth Red Cross in the session 2022-23 during YRC State Level Study cum Training Camp -2023.

13.Association with Professional Bodies