

Value Added Course, 2022-23
on
“Substance Abuse Prevention and
Rehabilitation of Persons with Addictions”
Department of Social Work, B.J.B. Autonomous College, Bhubaneswar

Course structure:

- Course Duration: Minimum 30 hours
- Target Population: PG final year students
- Time scheduled: In all working days from 3.15 pm to 4.45 pm
- Students' strength:
- Mode of learning: Blended mode (online / offline)

Course Objectives:

- To facilitate basic understanding about substance abuse
- To disseminate information about addiction to alcohol.
- To develop understanding about the role of social worker in rehabilitation.
- To develop insight into the role of counseling among alcoholics and substance abusers. Understand the role and challenges of NGOs in the development concerns of the community
- Become familiar with Results-Based Management and learn the basics of project management
- Learn about the process of internal assessments and the use of main criteria for external evaluations
- Understand the selection process of marketing tools for fundraising and different criteria of donor agencies in supporting a project.
- Become familiar with the principles of good communication and negotiations
- and learn the basics of team work

Course Outcome:

Students will understand the concept of substance abuse, types of substance abuse and its impact on youth. Impact of substance abuse on youths, community and family. It will sharpen their knowledge and the practical skill on rehabilitation and different approaches to rehabilitation. They can utilise their knowledge on rehabilitation and counselling as a treatment method for substance abusers.

Syllabus

UNIT – I: Concepts of Substance abuse and Types of addictive substance

Basics on Substance Abuse Substance abuse and dependence: Meaning, Definition, nature and extent of the problem in India and Odisha. Types of Addictive Substances: Natural, Synthetic, Narcotics, Stimulants and depressants.

UNIT-II: Symptoms, short term and long term impact of substance abuse.

Addiction to Alcohol: Alcohol dependence and Alcoholism: Causes, symptoms, long-term and short-term effects. Impact of Alcoholism on Individual, Community and Family. Concept of social drinking, alcoholic and relapse. Phases of alcohol addiction. Social and economic implications of addiction. Alcoholism among Youth-causes and remedies.

UNIT – III: Role of Social Workers

Role of Social Workers in rehabilitation Role of Social Worker in Preventive, curative and Rehabilitative services for substance abusers. Multidisciplinary Approach services for substance abuser. Legislation Provisions and Government programmes to control drug abuse in India.

UNIT-IV: Counselling and different Approaches to Treat the Substance Abuser

Concepts of counselling and its association with addiction; approaches to counseling: Psychoanalytical, client centred therapy. Indigenous approaches of help and self help: Yoga, Meditation, Attitude and Values, Counselling as an treatment method for substance abusers.

Reading List:

1. Chopra, R.N. and Chopra, F.C., 1965: Drug Addiction with Special Reference to India, New Delhi Council of Scientific and Industrial Research.
2. National Institute of Social Defence, Govt. of India, 1992: Drug Abuse.
3. Single, Eric. Et. Al, 2003: International Guidelines for Estimating the Costs of Substance Abuse and Addiction.
4. Delaney and Eisen Berg, 1973: The counseling Process.
5. Singh, Chandra Paul, 2000 Alcohol and Drug Dependence Among Industrial Worker, Delhi Shipra Publications.
6. Kaur, Ravneet and Gulati, J.k., 2007: Drug Abuse: Trends and issues, International Marketing Conference on Marketing & Society, IIMK.
7. Ahuja, R, College Youth and Drug Abuse: A Sociological Study of Nature and Incidence of Drug Abuse among College and University Students, University of Rajasthan Jaipur
8. Gupta, R. Punjab a drugged State, Meditrack.
9. Chopra, L.C. and R.N., Chopra 1957,: The use of Cannabis Drugs in India. Bulletin on narcotics (United Nations Publication)
10. Mohan, D.A.K. Pravakar and P.N. Sharma: Prevalence and pattern of drug abuse among Delhi University students, Indian Journal of Medical Research.
11. Ropar, C 2006: Social Use, abuse and addiction-site of the author University of Tekas, Austin.
12. Horgan C. Substance abuse: The Nation's number one health Problem, Princeton NJ; The Robert Wood Johnson Foundation.