

DEPARTMENT OF PSYCHOLOGY

**B.J.B. (AUTO) COLLEGE,
BHUBANESWAR**



SEMI - ANNUAL NEWSLETTER

VOLUME - II

JUNE 2023 - DECEMBER 2023



FROM H.O.D.'S DESK

The academic session 2023-24 kick started in the month of June, the focus being on regular classes for the timely completion of the Course. For the first time P.G Course was introduced in the Department so it welcomed the first batch of P.G students. As always, the fresh batch of UG and PG students were inducted into the Department with a host of activities marking the "Freshers". The students were encouraged to attend the classes regularly and participate in various extra-curricular activities and outreach programmes conducted by the College and outside. The NUA-O programme of Government of Odisha providing a platform for the youth to showcase their talents was received with a lot of enthusiasm by the students with many of them winning prizes in cultural and social events. This session was marked by many firsts with a Counselor being appointed for the first time in the Counseling Cell run by Department to look into the mental health needs of the students of the College. On the whole, an activity packed Session, well balanced with academic and extra curricular activities leading to a whole some development of the students.

Prof. Dr. Jhumki Rath
Head Of the Department, Psychology

**STUDENTS'
ACHIEVEMENTS**

1

INVITED TALKS

2

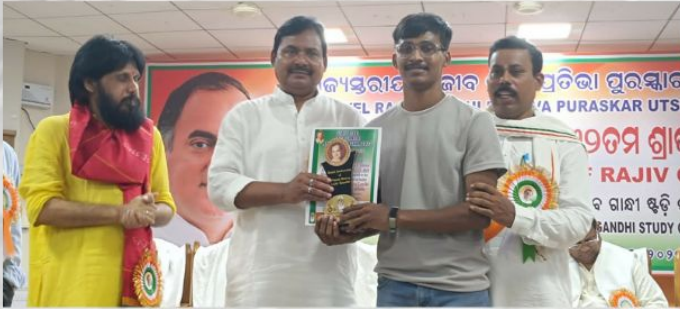
**RESEARCH
ACTIVITIES**

3

**DEPARTMENTAL
ACTIVITIES**

4

STUDENTS' ACHIEVEMENTS



NETRANGI AMAN BINAYAK, OF DEPARTMENT OF PSYCHOLOGY RECEIVED

- RAJIV GANDHI YUVA PRATIBHA PURSKAR FOR SOCIAL SERVICE
- BEST STUDENT IN SOCIAL SERVICE CATEGORY
- HEMANT KUMAR RATH MEMORIAL PRIZE FOR BEST STUDENT IN SOCIAL SERVICE DURING SESSION 2022-23

NUPUR PATTANAİK, 1ST YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY

- WON TWO GOLD AND ONE SILVER MEDAL AT 29TH ODISHA STATE WUSHU CHAMPIONSHIP 2023 HELD IN ANGUL FROM 9TH-11TH JUNE, 2023.
- BAGGED ONE BRONZE MEDAL AT 22ND JUNIOR NATIONAL WUSHU CHAMPIONSHIP 2023, HELD IN PATNA, BIHAR FROM 6TH-11TH AUGUST, 2023
- WON ONE GOLD AND ONE SILVER MEDAL IN KHELO INDIA STATE WOMEN'S WUSHU LEAGUE, 2023, HELD IN BELPAHAR, JHARSUGUDA FROM 28TH-29TH AUGUST, 2023
- RECEIVED BIJU PATNAİK SPORTS AWARD-2023



PAYAL PATTANAİK, 1ST YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY

- WON TWO GOLD AND ONE SILVER MEDAL AT 29TH ODISHA STATE WUSHU CHAMPIONSHIP 2023 HELD IN ANGUL FROM 9TH-11TH JUNE, 2023.
- BAGGED ONE BRONZE MEDAL AT 22ND JUNIOR NATIONAL WUSHU CHAMPIONSHIP 2023, HELD IN PATNA, BIHAR FROM 6TH-11TH AUGUST, 2023
- WON TWO GOLD MEDALS IN KHELO INDIA STATE WOMEN'S WUSHU LEAGUE, 2023, HELD IN BELPAHAR, JHARSUGUDA FROM 28TH-29TH AUGUST, 2023
- RECEIVED BIJU PATNAİK SPORTS AWARD-2023

STUDENTS' ACHIEVEMENTS



YOUTH RED CROSS DISTRICT LEVEL STUDY CUM TRAINING CAMP- 2023

- SINGE SIDO MURMU OF 1ST YEAR BAGGED 2ND PRIZE IN ENGLISH DEBATE COMPETITION
- SRUJANI JENA BAGGED 1ST PRIZE IN SLOKA CHANTING COMPETITION
- NUPUR PATTANAİK SECURED 3RD POSITION IN POSTER MAKING COMPETITION

INTEGRATED YOUTH DEVELOPMENT PROGRAM

SUBHRAJIT PANDA OF PG 1ST YEAR SECURED 1ST POSITION IN INTER-CLASS SALAD DECORATION COMPETITION AND RANGOLI COMPETITION AND 3RD POSITION IN FOLK DANCE COMPETITION ORGANISED UNDER NUA-O PROGRAM

SUBHALAXMI PANDA, FINAL YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, BAGGED 3RD PRIZE IN BEST OUT OF WASTE COMPETITION.

AISHWARYA SAHOO, FINAL YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, WON 3RD PRIZE IN MONO-ACTION COMPETITION.



STUDENTS' ACHIEVEMENTS

MONALISA PARIDA, 2ND YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, BAGGED 3RD POSITION IN ESSAY WRITING COMPETITION.

JIBAN JYOTI PAYAL PANDA, 2ND YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, SECURED 3RD POSITION IN CREATIVE WRITING COMPETITION.

POOJA RAUT, 2ND YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, WON 1ST PRIZE IN HINDI ESSAY WRITING COMPETITION.

PRIYANAKA NAYAK, 2ND YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, SECURED 2ND POSITION IN SALAD DECORATION COMPETITION.

ANANYA PRIYADARSHINE MAHALI, 2ND YEAR STUDENT OF DEPARTMENT OF PSYCHOLOGY, WON 3RD PRIZE IN SALAD DECORATION COMPETITION.

SRUSTY SUMAN BAL, STUDENT OF DEPARTMENT OF PSYCHOLOGY, BAGGED 3RD POSITION IN SLOGAN WRITING COMPETITION.



ODISHA WOMEN'S CONCLAVE -2023

MANOSMITA PATNAIK , FINAL YEAR STUDENT OF PSYCHOLOGY HONOURS AND YOUTH RED CROSS VOLUNTEER RECEIVED "JHANSI RANI LAXMI BAI PRATIVA PURASKAR" FOR SOCIAL SERVICE ORGANIZED BY EVERGREEN FORUM ON 20/10/2023



INVITED TALKS

Department of Psychology

Prof. Jhumki Rath, Professor of Psychology presented a paper titled “Brain and Music Connect” as resource person in the Youth Red Cross Volunteers’ three days District Level Study Cum Training Camp from 21st November to 23rd November, 2023



Lekha Das, Assistant Professor of Psychology invited as Chief Guest in the “Induction Programme of Youth Red Cross” in KIIT Deemed to be University on 02.10.2023



Lekha Das, Assistant Professor of Psychology invited as Chief Guest in the “Induction Programme of Youth Red Cross” in Maharshi Women’s Degree College on 17.10.2023



Lekha Das, Assistant Professor of Psychology invited as Chief Guest in the “Induction Programme of Youth Red Cross” Srusti Academy of Management on 08.11.2023.

INVITED TALKS

Department of Psychology

Subhasmita Panda, Assistant Professor of Psychology presented a paper titled “What is mental health?” as resource person in the Youth Red Cross Volunteers’ three days District Level Study Cum Training Camp from 21st November to 23rd November, 2023



Subhasmita Panda and Prangya Paramita Priyadarshini Das were conducting an experiment for enhancing mental health as resource persons in the Youth Red Cross Volunteers’ three days District Level Study Cum Training Camp from 21st November to 23rd November 2023



Prangya Paramita Priyadarshini Das, Assistant Professor of Psychology presented a paper titled “Enhancing Mental Health” as resource person in the Youth Red Cross Volunteers’ three days District Level Study Cum Training Camp from 21st November to 23rd November, 2023



Lekha Das, Assistant Professor of Psychology invited as Chief Guest by Saraswati Sisumandir, Badagada to deliver a talk on Role of Parents in Child Development.

RESEARCH ACTIVITIES



PROF. DR. JHUMKI RATH, H.O.D, DEPARTMENT OF PSYCHOLOGY

Prof. Jhumki Rath, Professor of Psychology presented a paper titled "Post-Retirement Engagement, Gender and Psychological Well Being" in international seminar cum workshop on people, culture and living heritage.

MRS. LEKHA DAS, ASSISTANT PROFESSOR, DEPARTMENT OF PSYCHOLOGY

Lekha Das, Assistant Professor of Psychology presented a paper on "Decline in Urban Indian Women's Labour Force participation Rate Post COVID: A Psychosocial Perspective" in the International Conference on Contemporary Economy in Post COVID Era -2023 held on 17th & 18th February, 2023

She also presented a paper titled "Work-life Balance of College Teachers- A Gender Based Comparison" in the International Conference on "People, Culture and Living Heritage" from 6th to 8th August, 2023.



Lekha Das, Assistant Professor of Psychology Co-chaired a Technical Session in the International Conference on "People, Culture and living Heritage" from 6th to 8th August, 2023 organized by Department of Anthropology and Sociology of B.J.B(A) College, Bhubaneswar.



She chaired a technical session in the International Conference on "Mental Health , National Education Policy-2020 and Psychology in practice" on 4.10.2023 organized by Department of Psychology, Utkal University, Bhubaneswar.

RESEARCH ACTIVITIES



**DR. SUBHASHMITA PANDA,
ASSISTANT PROFESSOR,
DEPARTMENT OF PSYCHOLOGY**

Subhasmita Panda, Assistant Professor of Psychology successfully completed and submitted OURIIP Project titled "Perspective Taking among Juvenile Delinquents of Odisha" on 31/08/2023

**DR. PRANGYA PARAMITA
PRIYADARSHINI DAS, ASSISTANT
PROFESSOR, DEPARTMENT OF
PSYCHOLOGY**

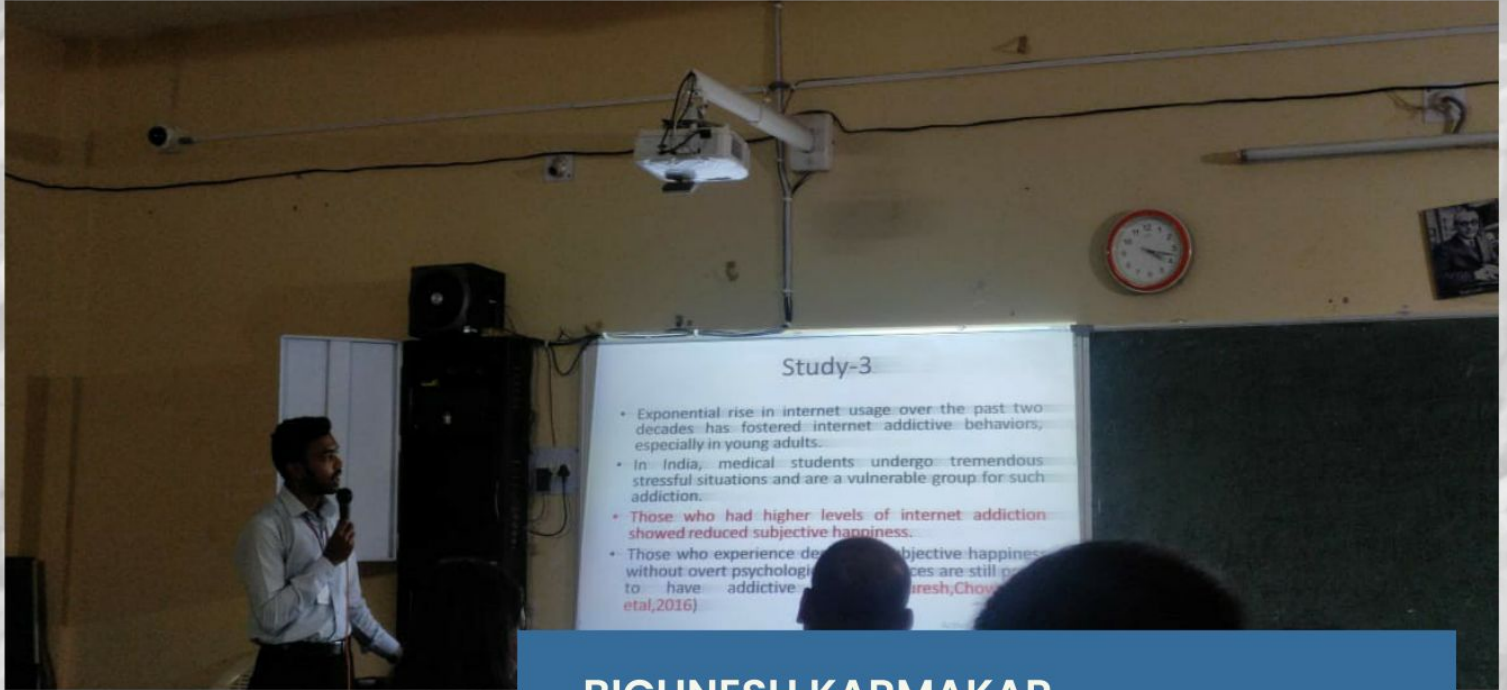
Prangya Paramita Priyadarshini Das, Assistant Professor of Psychology presented a paper titled "Social Anxiety among Adolescents: The Role of Internet Addiction" in International Conference on Mental Health, National Education Policy 2020 and Psychology in Practice, organized by Department of Psychology, Utkal University

She also chaired a session in International Conference on Mental Health, National Education Policy 2020 and Psychology in Practice organized by Department of Psychology, Utkal University on 04/10/2023

Suchitra Barik was awarded with Ph.D degree under the guidance of Prangya Paramita Priyadarshini Das, Assistant Professor of Psychology on 29th August 2023



RESEARCH ACTIVITIES



BIGHNESH KARMAKAR

Bighnesh Karmakar, student of department of psychology presented a paper titled "Wellbeing of Adolescent Girls-Impact of Internet Addiction" in the National Seminar on 04.11.2023 by F.M Autonomous College, Balasore



DEPARTMENTAL ACTIVITIES



UGC TEAM VISIT

UGC team members visiting Department



UGC Team Visit
08/19/23 12:34:32
20.252093° N, 85.842012° E
38.85 m
-1.0 m
Capture by Survey Cam
BIB Name: Bhishobhai 751014

BOARD OF STUDIES MEETING

Board of Studies meeting for the session 2023-24 was held on 19/08/2023 in the department of psychology



BoS Meeting
Department of Psychology
08/19/23 12:34:32
20.252093° N, 85.842012° E
38.85 m
-1.0 m
Capture by Survey Cam
BIB Name: Bhishobhai 751014

TEACHERS DAY CELEBRATION

Teachers' Day celebrated in the Department of Psychology on 05.09.2023



OBSERVANCE OF WORLD SUICIDE PREVENTION DAY

Students of Department of Psychology performed a Nukkad Natak on the theme "Jina Isika Naam Hai" on 09/09/2023



Nukkad Natak
Department of Psychology
09/09/23 12:13:24
20.252093° N, 85.842012° E
38.57 m
0.98 m
Capture by Survey Cam
BIB Name: Bhishobhai 751014



DEPARTMENTAL ACTIVITIES



BJB Autonomous College
Alumni Meet, 2023

ALUMNI MEET

Alumni meet held in the department of psychology with alumna Vidushee Shadangi on 15/11/2023

CHILDRENS DAY CELEBRATION

Childrens' day celebrated in the department of psychology on 14/11/2023



COUNSELLING SERVICE FOR STUDENTS

Group Counseling session conducted by the department of Psychology for students of Psychology, History, Sanskrit, Political Science and Economics respectively.



Let's Meet the Counsellor!!
Sessions
11/08/23 09:30-10:30
20.23730° , 85.842972°
38.6 m
-1.0 m
Capture by Survey Cam
BJB Nagar, Bhubaneswar, 751014,
OR, India



Meet the Counsellor!!
m-2
23 01:05:55
28.58° , 85.842909°
m
re by Survey Cam
Nagar, Bhubaneswar, 751014,
dia



Meet the Counsellor!!
12:35:42
14° , 85.842972°
by Survey Cam
ar, Bhubaneswar, 751014,
a



DEPARTMENTAL ACTIVITIES



VIGILANCE AWARENESS WEEK

Vigilance Awareness
pledge conducted in the
department of Psychology
on 02/11/2023

ogram

Bhubaneswar, Odisha 751014, India

MENTOR-MENTEE MEETING HELD ON 13/12/2023



2022-25

52



Meeting, 2022
Of Psychology



Department of Psychology
Mentor-Mentee Meeting, 2022-25
12/13/2023, 11:16:44
20.25642, 85.848933
97.11 m
1.77 m



Department of Psychology
Mentor-Mentee Meeting, 2022-25
12/13/2023, 18:37
20.25642, 85.848933
97.11 m
1.77 m
Survey Cam
Bhubaneswar, 751014,

UNTIL NEXT TIME



**"EDUCATION IS WHAT SURVIVES
WHEN WHAT HAS BEEN LEARNED
HAS BEEN FORGOTTEN."**

- B.F. SKINNER